



Our Team

The work of our Office could not be done without or dedicated and talented team.



Karen Balcom

Academic Director,

Community-Engaged Teaching &

Learning



Ameil Joseph

Academic Director,

Community-Engaged Research &

Relationships



Sashaina Singh Senior Manager



Ananya Yadav
Program Coordinator



Shahad Al-Saqqar
Strategic Manager of
Community-Engaged Research



Amanda Montague

Educational Developer,

Community-Engaged Teaching &

Learning



Evan Gravely
Research Shop
Manager



Carrie McMullin Knowledge Broker Manager



Randy Kay
CityLAB SIR
Outreach Director



Rachel Roy Yaffle Lead



The OCE is a central service unit that sits within the portfolio of the Vice-Provost Teaching & Learning (VPTL), and reports through the VPTL to the Provost. We are grateful for the support of President David Farrar, Provost Susan Tighe, and the guidance of the Vice-Provost Teaching & Learning, Kim Dej. We would also like to thank Catherine Grisé for her contributions as the Acting Co-Director of Teaching & Learning from July - December 2023.

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Message From the Vice-Provost, Teaching & Learning

As Vice-Provost, Teaching & Learning, it has been my privilege to support the Office of Community Engagement's growth into a complex, beneficial resource, with deep roots in the McMaster and Hamilton communities and beyond.

Though principled community engagement has long been practiced at McMaster, support for community-engaged research (CER) and community-engaged learning (CEL) initiatives was lacking. Since its establishment over a decade ago, the OCE has demonstrated its importance by building bridges between educators, students, and community, creating space for collaboration, and supporting grassroots initiatives to further CER and CEL at Mac.

Following the <u>re-establishment of a co-director model</u> in 2021, several key changes have enhanced the structure and function of the OCE. Last fall, the OCE <u>celebrated moving to a new office</u> at 8 Mayfair Crescent – a welcoming and open space just off campus that will serve as a hub to connect campus and community. The Office also welcomed a new Educational Developer, Community-Engaged Teaching & Learning, in partnership with the MacPherson Institute. We are so fortunate to have highly-qualified subject-experts at the OCE, and others think so too – Senior Manager Sashaina Singh was recently <u>recognized with a YWCA Women of Distinction Award</u> for her leadership in community engagement and equity initiatives!

The outcome of the OCE's hard work, demonstrated through this report, is the enrichment of student life and cultivation of the next generation of community leaders. It is research which directly benefits the community around us, developed in principled partnership with members of that community. It is the enhancement of McMaster University's reputation as a community-engaged institution with a sense of duty to the communities it inhabits, researches, and educates.

I owe great thanks to Dr. Karen Balcom and Dr. Ameil Joseph, who have accomplished so much over their tenure as OCE's academic co-directors, and to the OCE team for their dedication over the past year. I would also like to recognize the community-engaged staff, educators, students, and community partners, whose knowledge and commitment to our shared community is integral to our progress toward an inclusive sustainable greater Hamilton.

If you haven't already done so, I invite you to visit the team at 8 Mayfair to learn more about the incredible work they do, to get support for your community project, or to simply say hello and explore the space!



"[T]he OCE has demonstrated its importance by building bridges between educators, students, and community, creating space for collaboration, and supporting grassroots initiatives to further CER and CEL at Mac."

Message From Our Directors



Ameil Joseph

Academic Director,

Community-Engaged Research &

Relationships



Karen Balcom

Academic Director,

Community-Engaged Teaching &

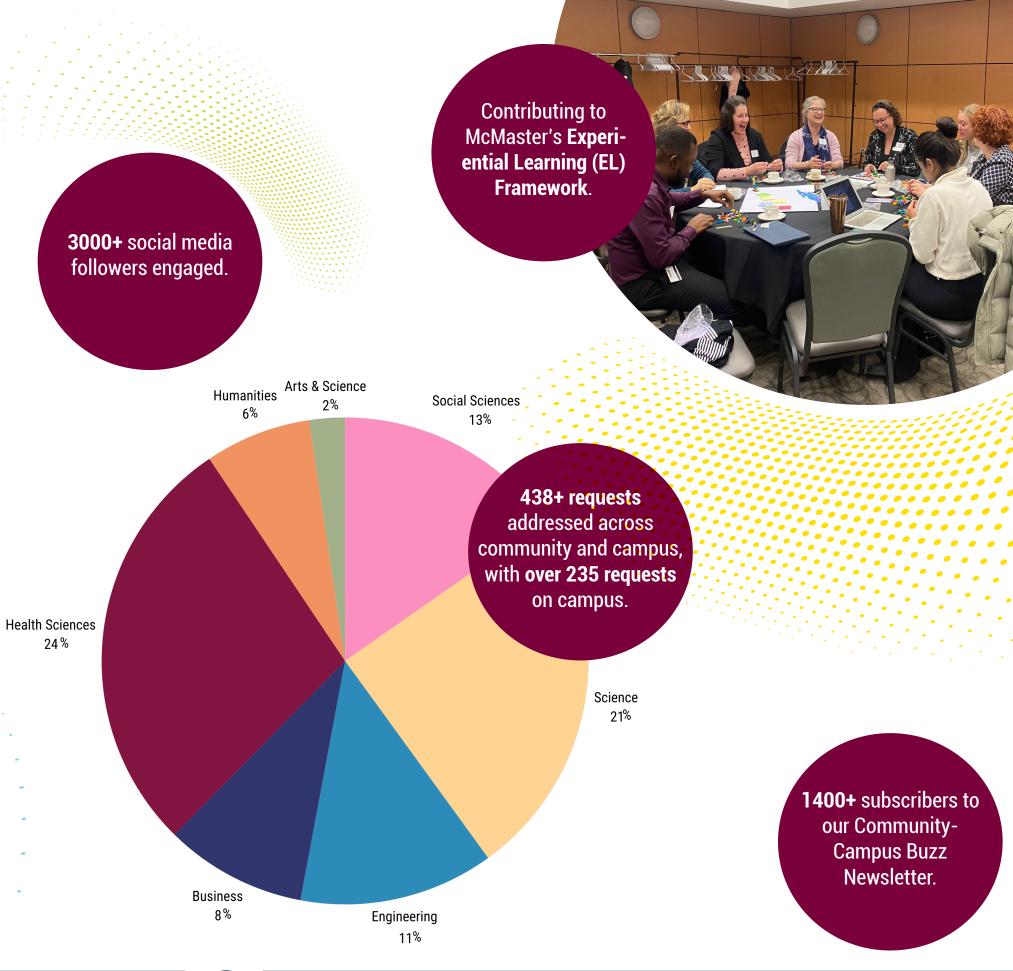
Learning

Welcome to the 2023 Annual Report of McMaster's Office of Community Engagement. It has been some time since our last report in 2020, and much has changed for the university, our community and our office. The COVID-19 pandemic challenged us to find new ways to support our students and to respond to new challenges in our community, all the while respecting COVID-19 restrictions and keeping each other safe. We are grateful that through this difficult period the university supported us with new financial and institutional support for principled community engagement, evident in President Farrar's Mission and Vision Statement, in the Teaching and Learning Strategic Plan, and in a commitment to expanded permanent funding for the Office. We extend our thanks to President Farrar, Provost Tighe, Vice-Provost Dej, and the Deans.

With these commitments in place, we went through an exciting period of hiring and reorganization in our staff. We joined the office as academic co-directors in 2021, bringing our specific networks and strengths to our work in Teaching and Learning (Karen Balcom) and Research and Community Relationships (Ameil Joseph). We extend particular thanks to Dr. Catherine Grisé who joined us as Acting Academic Director, Teaching and Learning from July 1 – December 31, 2023. Most of the staff is new to the Office, or new to their current roles, in the last two years; we are beyond impressed with the energy, enthusiasm, and effectiveness of this this team. In the summer of 2023, we moved into our new physical office, located just off campus in a space that mirrors our work connecting campus and community. We welcome you to visit us at 8 Mayfair Crescent. Our door is always open.

Highlights of the Year





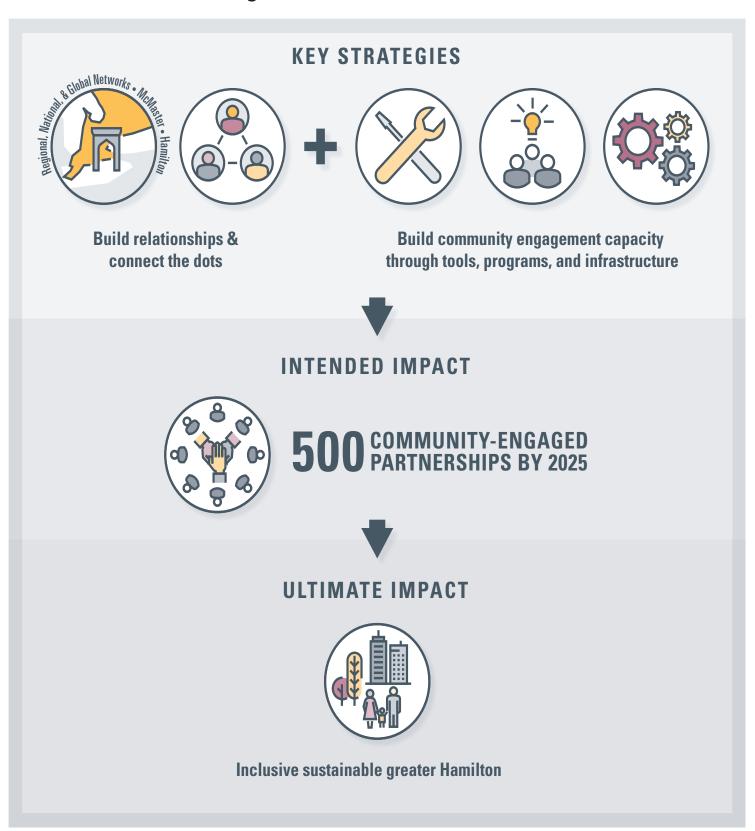
What We Do

The Office of Community Engagement connects McMaster with the greater Hamilton community as we learn how to work together to contribute to the public good.

Whether helping community groups **navigate** the University, **advising** or **supervising** students who seeks to connect with the Hamilton community, or helping to **catalyze a new research idea** with McMaster faculty, our Office staff serve as **partnership developers**.



OCE 2020-2025 Strategic Plan



Our Guiding Principles of Community Engagement

Action-oriented <u>principles of community engagement</u> were co-developed by community and campus partners to provide a framework for how to work together. The principles include **Relationships**, **Reciprocity**, **Equity**, **Continuity**, **Openness to Learning**, and **Commitment to Act**. The primary goal of McMaster's community engagement strategy is to establish these principles as the foundation of community-campus partnerships.



1000+ students received training on McMaster's Principles of CE through courses, clubs, and workshops.



Community-Engaged Research

Through our <u>Community-Engaged Research</u> (CER) <u>program</u>, we offer connections and direction to students, faculty, and community members who want to use research to contribute to the public good. We continuously support these connections through partnership agreements, CER training, and consultations on research methodologies. We celebrate principled CER through the <u>President's Award for Community-Engaged Research</u> (PACER) which recognizes teams of campus and community representatives who have demonstrated a commitment to initiating and supporting excellence in community-campus research initiatives.

Shahad Al-Saqqar
Strategic Manager of
Community-Engaged Research



Shahad helps connect the dots between campus and community research activities and serves as a liaison with regional research networks, such as Research Impact Canada and CBRCanada.

2023 Highlights

- Delivered interactive class presentations about community-engaged research to over 400 undergraduate and graduate students.
- Consulted with students, staff, and faculty to facilitate community connections, advise on CER methodologies, and provide research resources and support.
- Presented the fifth annual PACER award to the Niagara HELPS program team.
- Launched the Community-Engaged Research Community of Practice for faculty and staff, with representation from across campus.
- Developed collaborative partnership agreements to advance CER with the Wilson Leadership Scholar Award program and the Spark Centre for Social Research Innovation.



"It means a great deal to have a community of practice [where] others understand and are motivated not only to discuss our experiences, but to do concrete work together that advances the cause and skill of community-engaged research."

Allison Van

Executive Director, Spark: a centre for social research innovation

Research Shop

The McMaster Research Shop is a co-curricular program that pairs volunteer graduate and upper-year undergraduate students with local community organizations to conduct research. The program offers high-quality research services to the local community while providing students with experiential opportunities to hone and apply their research, writing, and interdisciplinary collaboration skills. Student Research Associates collaborate with community partners on applied research projects, enhancing programs and initiatives with the outcomes.



Evan oversees the lifecycle of Research Shop projects, handling intake, scoping, volunteer recruitment. mentoring project leads, and ensuring high-quality deliverables. He also manages program development and evaluation.

2023 Highlights

54

students were involved in the Research Shop across 17 community projects.

93%

of volunteers enjoyed their experience working with the Research Shop.

83%

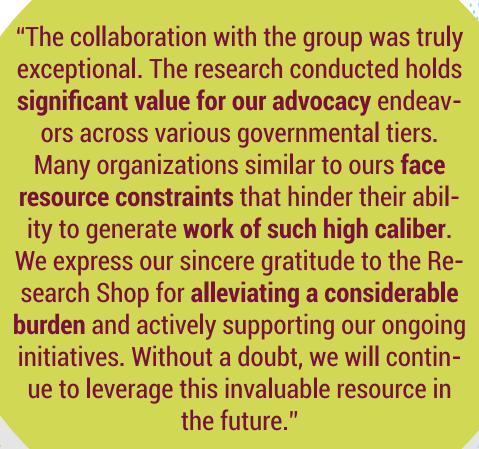
of volunteers felt the experience helped them integrate their classroom knowledge by applying it to a real-world

70%

of volunteers felt the experience will help them achieve their academic and/or career goals

Research Shop

Manager



Tabassum Wynne

Executive Director, Muslim Advisory Council of Canada



Research Shop

Completed Projects

Disability Justice Network of Ontario: Literature review of racism and structural racism in the medical system

Hamilton Encampment Support Network: Investigating Hamilton's COVID-19 shelter hotel program YMCA Beyond the Bell: Researching evaluation tools for the Beyond the Bell program Canadian Red Cross: Researching outcomes evaluation tools for a social prescribing intervention

Hamilton Trans Health Coalition: Exploring definitions of allyship between physicians and the trans community

Rising the fe housing living

Rising Stars: Investigating the feasibility of a co-op housing project for people living with mental health Adult Basic Education Association: Examining apprentices' challenges in on-the-job and in-school training

Hamilton Children's Garden:
Data collection for the Little
Planters gardening project
and composting workshops

17 research projects completed in the past year

"My Research Shop experience was great! I've recommended it to my peers who are interested in research and community engagement. I appreciated this opportunity and it felt rewarding to leave with new skills and to be able to apply them immediately in a professional setting."

Student Research Associate

Hamilton Folk Arts Heritage
Council: Social and economic impact evaluation of "It's
Your Festival"

United Way Halton & Hamilton: Evaluating the capacity-building needs of Hamilton/ Halton area non-profits Filipinas of HamOnt: Investigating post-secondary attendance among the Filipino community

Paddles of the Grand: Monitoring study of project successes and challenges Abrar Trauma & Mental
Health Services: Scanning
culturally-informed mental
health support for newcom-

Flamborough Connects: Investigating user satisfaction and needs

Hamilton Community Benefits Network: Environmental scan of municipal social procurement policies Suicide Prevention Council
of Hamilton #1: Exploring
models of men's suicide
prevention initiatives

Suicide Prevention Council of Hamilton #2: Evaluating mental health app effectiveness for suicide prevention Community-Engaged Teaching & Learning

As opportunities for Experiential Learning continue to grow at McMaster, our commitment to supporting and sustaining principled Community-Engaged Teaching and Learning becomes even more vital, as more students and instructors require the knowledge and training to engage with local communities in respectful and reciprocal ways. Our Minor in Community Engagement prepares students with the skills needed to work in and with local communities by taking a scaffolded approach to community-engaged learning that moves from theory to praxis as students advance through their degree program. Our Teaching and Learning Resources for instructors and students ensure that community-engaged learning at McMaster is done in equitable ways.

The Educational Developer for Community-Engaged Teaching and Learning is a joint role between the OCE and the MacPherson Institute. Amanda is a key link in bridging campus resources for both new and experienced instructors undertaking community-engaged projects in the classroom.



Amanda Montague

Educational Developer,

Community-Engaged Teaching &

Learning

21 Students
Graduated with a
Minor in Community
Enagement in 2023

2023 Highlights

- Created the OER Pressbook, Fundamentals of Community Engagement: A Sourcebook for Students – a resource for instructors and students doing community-engaged learning (CEL).
- Relaunced the **Community-Engaged Teaching and Learning Staff Collective** a community of practice for Staff who support CEL across campus.
- Supported the ExCEL (Experiential and Community-Engaged Learning) Group —an interdisciplinary community of practice for Faculty engaged in EL and CEL.
- Awarded a **Partnered in Teaching and Learning Garden Grant** An Exploration of Honoraria and Gift-Giving Practices at Post-Secondary Intuitions.



Randy facilitates enriching experiences for students to engage with Hamilton communities through field trips and class activities. Serving as the bridge between SIR community leaders, he fosters collaboration and impactful learning opportunities.

Randy Kay
CityLAB SIR
Outreach Director

2023 Highlights

- Over 177 students enrolled in Mc-Master courses matched with City projects.
- Students expressed that the program enabled them to engage with pressing issues in the local community, and allowed them to expand their academic and professional skillset while growing as individuals.
- A cohort of 30 cross-faculty
 McMaster students participated
 in the CityLAB Semester in Residence Program, collaborating with
 City staff from the Climate Change
 and Active Transportation office,
 ACORN Hamilton, Environment
 Hamilton, Hamilton Community
 Benefits Network, and SCORE.
 Students presented to city councillors at the LRT subcommittee.

CityLAB Hamilton

<u>CityLAB Hamilton</u> collaborates with municipal staff to identify complex issues aligned with the City of Hamilton's strategic goals. It pairs them with faculty and courses from three local post-secondary institutions—McMaster University, Mohawk College, and Redeemer University. Through this partnership, CityLAB Hamilton fosters an enriching experiential learning environment for both students and city employees to devise solutions that advance the city's strategic priorities.

The <u>CityLAB Hamilton Semester in Residence</u> (SIR) CMTYENGA 4A06

and CMTYENG 4A09 offers a unique 15-unit learning experiential learning opportun-

tity to students in downtown Hamilton. Students work in interdisciplinary teams to co-develop projects with City of Hamilton staff and community leaders, while deeping their understanding of community engagemenent through lectures, workshops, and field trips, that take students into a range of urban community spaces.

CityLAB has left an indelible mark on my student journey. Exploring Hamilton's vibrant landscapes, understanding municipal governance, and the profound inspiration to be an agent of change in my own community, have left a lasting impact. The lessons learned, friendships made, and newfound drive for positive change, will resonate in all my future endeavors.

Vicky Yiannakis
Life Sciences Student

Student Ambassadors

The Student Ambassadors group, comprising of undergraduate students from various faculties engaged in or having completed OCE programs, offers a platform for like-minded students to connect. It facilitates practical experience in community-engaged work, extends learning from programs like the Research Shop and the Interdisciplinary Minor in Community Engagement, and provides support to OCE staff. The Ambassadors collaboratively execute promotional campaigns, co-create projects addressing real-world challenges, offer feedback to enhance programs, and implement social programming to strengthen relationships among McMaster students interested in community engagement.

2023 Highlights

- Organized 3 student engagement events to foster networking opportunties for McMaster students.
- Amplified the CE Minor and other CE opportuntities at student recruitment events (i.e., Fall Preview, Minor Fairs, etc.)
- Promoted the CE Minor and other CE opportunties through social media and other public avenues.

Ananya oversees the Student Ambassadors group, fostering a strong CE network for students on campus. She also promotes and amplifies CE intiatives through various communication channels.



Ananya YadavProgram Coordinator



"I'm grateful to have worked with my fellow ambassadors, who are so diverse in knowledge and backgrounds, unique in their ways of thinking, who have so much character, energy, openness, and share the same passion for connecting communities between Hamilton and McMaster. This experience has fostered my mindset of curiosity and inspired me to continue to create spaces where we can further engage community voices through ongoing conversations."

Jennifer Zhang
OCE Student Ambassador

A Year in Student Engagement

The Ambassadors program has opened doors to opportunities, connections and learning. I can't envision my university journey without it. It has allowed me to meet with the community, collaborate with remarkable people, build essential leadership skills, explore diverse academic opportunities, and have fun! Through this opportunity, I've discovered my passion for working with others, project-based learning, and interdisciplinary education. It has been guiding me toward a path I'm excited to follow.

Areeba Arshad OCE Student Ambassador









Community-Campus Catalyst Grants

The <u>Community-Campus Catalyst Grants</u> program aims to reduce barriers to principled Community Engagement by supporting the cultivation and establishment of newly formed and early-stage community-campus partnerships that align with McMaster's Community Engagement Strategic Plan. Once a year the Office of Community Engagement funds collaborative projects with community partners working towards mutual benefit and pursuing outcomes aligned with McMaster's community engagement goals and objectives. Students, staff, and Faculty are all eligible to apply.

Carrie cultivates diverse relationships with a varied range of community organizations, emphasizing social justice, equity, and anti-coloniality. She leads OCE's partnership with the Hamilton Anti-Racism Resource Centre, and is a member of the local Urban Indigenous leadership and advocacy group Circle of Beads.



Carrie McMullin
Knowledge Broker Manager

"The Community Catalyst Grant provided us with funds to make a positive difference in the community that McMaster is a part of in a way that we hope contributed to the greater good of those Indigenous folks experiencing houselessness in Hamilton. In partnership with Stacy Kaune at HRIC, we were able to provide a welcoming space for people to access the care packages to help contribute to their health and well-being. We at MIRI believe that it is essential to use praxis especially when working to build lasting community partnerships rather than 'one off' projects."

IndigiNerds Give Back

McMaster Institute for Indigenous
Research

2023 Highlights

- 5 projects funded
- Relationships cultivated with: the Strathcona Community Pantry, the Hamilton Regional Indian Centre, Canadian Mental Health Association of Hamilton, Centre 3 Hamilton, Factory Media Centre, Hamilton-Burlington YWCA
- Types of projects done: volunteer appreciation, community service, knowledge mobilization, resource creation

New Pilot Program: Yaffle

In 2023, McMaster University began development on the <u>Yaffle program</u>, a virtual knowledge mobilization platform initially developed by Memorial University. Aimed at enhancing campus-community connections, Yaffle acts as a tool for collaborative engagement and collective problem-solving.

Development and Launch

In 2023, McMaster's Yaffle BETA was developed with Memorial University and McMaster UTS, tailored to meet the unique context of McMaster and Hamilton. The platform launched in January 2024.

Engagement

In 2023, the Yaffle project team facilitated discussions with nine campus partners and four community partners, exploring the platform's adaptability to local needs.

Strategic Alignment

Yaffle at McMaster uses six strategic theme areas to help categorize information. These six themes directly mirror the priorities from the City of Hamilton's Our Future Hamilton project, ensuring the platform's alignment with community needs.



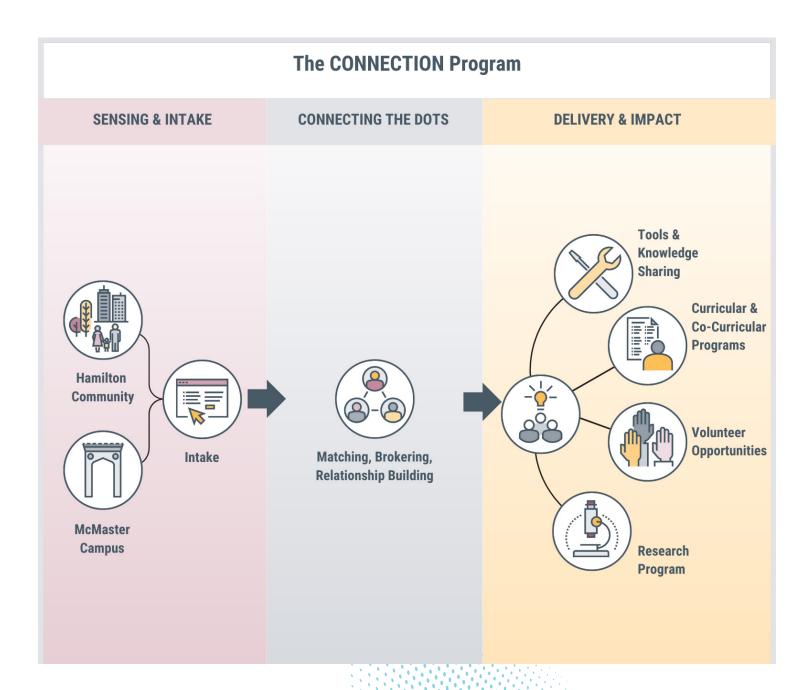
Impact Insights

- Yaffle users can **create profiles**, **upload projects**, and **explore opportunities**, enhancing knowledge exchange and building networks across diverse sectors.
- Yaffle is designed to facilitate organic interactions between users, enhance the roles of campus experiential leads and knowledge brokers, and cultivate multi-layered partnerships between community partners, Mc-Master's students, staff, and faculty.
- The platform intergrates academic resources with community-driven initatives to ensure that educational and research pursuits reflect real-world benefits.



Rachel Roy
Yaffle Lead

"Yaffle is more than an information platform; it's a dynamic ecosystem that fosters innovation and collaboration, enhancing McMaster University's role as a catalyst for positive change in Hamilton and beyond."





The CONNECTION Program

The CONNECTION is a program designed to facilitate mutually beneficial partnerships between campus and local community organizations. The program enables us to support students, staff, faculty, and community through making connections to different tools, programs, and people.

This program has evolved from being a COVID-19 response to meet the current needs of our community and campus members.



Local, Regional, and National Community Engagement

The Office of Community Engagement liaises between regional, national, and international community-engaged education, research and knowledge mobilization networks to promote initatives at McMaster, community partnerships and best practices in a reciprocal way.

2023 Highlights

- Attended and presented at the C2U Expo, Canada's leading conference on community-based research.
- Member of the **Research Impact Canada Engagement Committee** and supported connections for the MobilzeU knowledge mobilization course.
- Celebrated outstanding communnity members at the YWCA Women of Distinction Awards and the Reverend John C. Holland Awards.
- CBRCanada institutional member and active Community of Practice particpator.
- Member of **CCECanada Manage**ment Committee and CE Professionals Peer Network.



Sashaina Singh Senior Manager



Sashaina leads, advocates, and advises on community engagement principles and best practices. She provides strategic direction for the OCE while leading relationship development and supporting the staff team to achieve a comprehensive and ambitious mandate.



Lakehead University, Thunder Bay, Ontario June 5-8, 2023





Community-Based Research Canada Recherche partenariale du Canada



Community Solidarities for Change

Since 2018, we have been working to support the <u>Hamilton Anti-Racism</u> Resource Centre (HARRC). Through partnership, the Office of Community Engagement has worked with HARRC to have a home at 1 James St. North in Hamilton since the Fall of 2021. Since 2022, HARRC has collaborated with the Hamilton Centre for Civic Inclusion, the Sherman Centre for Digital Scholarship at McMaster University and the Office of Community Engagement to help develop WeSupportHamilton, Hamilton's first, online, community-based, hate reporting platform (launched in May of 2023).











HARRC Spotlight

HARRC has been influential and impactful in responding to community needs with respect to systemic racism, successfully advocating with community allies for changes to the selection process for the community representative to the Hamilton Police Services Board and leading the first community-based selection process.

Under the Executive Direction of Lyndon George, HARRC has also successfully advocated in partnership with community agencies, organizations, and members of the community for changes to the structure of the Hamilton Board of Health, to address health inequities by embedding a requirement to have citizen appointees including health experts and people from equity-deserving communities.

Connect With Us

Whether you are McMaster faculty, staff, student, or a member of the Hamilton community, the Office of Community Engagement is here to help you as you develop relationships, ideas, and strategies towards new or developing community-campus partnerships.

Subscribe to our

<u>Community-</u>

<u>Campus Buzz</u>

<u>Newsletter</u>

Submit an intake form to learn how we can support you

Explore our Resources to support your needs

